



TOWN OF LEBANON SWIM LESSON REGISTRATION 2018 at the Town Pool

Located at the corner of Rt 87 and Rt 207

Memorial Day MAY 26th or June 9th

TIME: 9:30 A.M. TO 12:30 P.M.

FEES: \$85.00 TOWN OF LEBANON AND FRANKLIN RESIDENTS

FEES: \$95.00 NON-RESIDENTS WELCOME

**You may Register in person at Lebanon Recreation
Office MONDAY, TUESDAY, THURSDAY AND FRIDAY
12:00 TO 4:00 P.M. Wednesday (closed) CALL: 860-642-
4085 FOR QUESTIONS REGARDING LESSONS**

Pool Passes: MAY BE PURCHASED AT THE SAME TIME

\$5.00 per Person for Town Residents and Franklin Residents

\$3.00 per person for one-day guest passes.

2018 SWIM LESSONS
LEBANON TOWN POOL
A LIFE SKILL FOR YOU AND YOUR CHILD

WEEKDAY LESSONS: (MONDAY THROUGH THURSDAY)

Fee \$85.00 NON RESIDENTS \$95.00

Register on line: www.lebanonrec.com

SESSION 1: JUNE 25 – July 6 (No classes July 4th)

SESSION 2: JULY 9 - JULY 20

SESSION 3: JULY 23 – August 3

SESSION 4: Aug. 6– AUGUST 17

SATURDAY LESSONS

BEGINNING JUNE 23, 2018 TO AUGUST 11, 2018 (Make-up if needed Aug.18)

Open swim Monday through Thursday 1:00 PM to 4:30 PM

ADULT SWIM 4:30 TO 5:30

Saturday 1:00 PM to 4:00PM

CLOSED SUNDAYS

OPEN SWIM MEMBERSHIPS \$5.00 per person

Membership Cards can be obtained at the pool or Town Hall

See next page for levels, ages and times for lessons

WEEKDAYS & SATURDAY SWIM

Other Pool Instructions & Activities

9:15 TO 10:00 Level (5) must have Front Crawl, Back Crawl, and Refining Breast Stroke. Master Elementary Stroke, Sidestroke, Front Crawl, Back Crawl and Breast Stroke beginning basic Butterfly Stroke (6) Master all and continuing working on Butterfly, all strokes need to be proficient before graduating Level 6

10:05 to 10:35 Level (3) Comfortable in water learning Rotary Breathing) (4) Must have Rotary Breathing with front crawl, Back Stroke and beginning Breast Stroke) Refining Elementary Back Stroke and Sidestroke

10:40 to 11:10 Level 1/ 2 (Beginning skills of breathing and movement in the water)

11:15 to 11:45 P/S 3 and 4 year olds (Water introduction with beginning skills)

11:50 to 12:20 2 year olds (Uncomfortable in water and new surroundings)

12:25 to 12:50 Parent/Child (Parents must be in the water)

ADULT PRIVATE LESSONS BY REQUEST (Sunday) Call for an appointment

PRIVATE LESSONS UPON REQUEST (Sunday) (\$30.00 per ½ hour per child)

LIFEGUARD CLASS: SATURDAYS 1:00 to 4:00 July 7 to July 28. All classes required!

Must be able to swim Level 6: Must be 16 years old. \$300.00 @ first class)

JUNIOR LIFEGUARD CLASS: Tuesday & Thursday 5:30pm to 7:00pm

July 3 & July 5, July 10 & July 12, July 17 & July 19

Must be able to swim at Level 5/6: Age 12 -15 years old. \$100.00 @ first class)

ADULT SWIM ONLY: 4:30 to 5:30 Monday – Friday. Required pool pass

POOL SAFETY FOR FAMILIES:

LEARN WHAT TO DO IN EMERGENCIES AROUND THE POOL. CPR AND BASIC FIRST AID WILL BE INCLUDED 5:30 TO 6:30

Every Monday beginning July 2nd to August 6th. \$60.00 per family payable @ First Class **FOR MORE INFORMATION: E-MAIL www.Stremby@lebanontownhall.org or Call 860-642-4085**

Lebanon Recreation Weekly/Saturday Swim Program

2018 Registration Form

First Name:			Last Name:		
Address:					
City:		State		Zip	
Parent Name					
Gender		Last Level Completed		Age	
Phone: Home:			Cell:		
Email:					
Session Date:		Time:		Level:	

In the event of an emergency requiring medical attention, after every reasonable effort has been made to contact me, I hereby grant permission and consent to, a physician or other hospital personnel, to do whatever is deemed necessary to treat my child. The attending physician is given permission to proceed with any medical or minor surgical treatment, x rays and immunizations for my child.

I, for myself and for my heirs and legal representatives, agree to defend, indemnify and hold harmless the Town of Lebanon, their employees and their agents, from any and all suits, claims and demands by anyone arising from my use of Town of Lebanon facilities and equipment, including claims of negligence on the part of the Town of Lebanon, their employees and their agents.

I hereby agree to release, discharge and hold harmless the Town of Lebanon, its employees and volunteers for any liabilities even if due to negligence on the part of the afore mentioned parties, which may occur while participating in this program. I have read this waiver and fully understand its terms. I further understand that by signing this agreement I give up substantial legal rights. I have not been induced to sign by any promise or representation and I sign it voluntarily and of my own free will.

Participant or Parent/Guardian Signature Phone: Home Cell phone:

Weekdays Monday through Thursday	
Saturday Lessons start June 23, Aug 11	
Make up if needed August 18	
9:15 to 10:00	Level 6/ 5
10:05 to 10:35	Level 4/3
10:40 to 11:10	Level 1/2
11:15 to 11:45	Level P/S 3 and 4 years old
11:50 to 12:20	Level P/S 2 years old
12:25 to 12:50	Parent /Child 6mths/4yrs (Parents are in the water)
Fee: \$85.00 Town & Franklin Residents	
\$95.00 Non-Resident	
Third Child half price \$50.00.	
Register online www.lebanonrec.com	

Sponsored by Lebanon Recreation Commission

Questions call Lebanon Rec 642-4085

Mail to: 579 Exeter Rd Lebanon Ct. 0624

online registration: www.Lebanonrrec.com