Commission on Aging (COA)

As mandated by the State of CT, members are volunteer Lebanon residents who have been appointed by the First Selectman to ensure that the unique needs of our aging population are addressed

Mission

"To enhance the lives of Lebanon seniors by providing resources and opportunities for social engagement while promoting safety, dignity and independence"

Vision

"Working in collaboration with the Director/Municipal Agent to understand and advocate for the unique needs of Lebanon seniors"

The COA meets on the 2nd
Tuesday of the month at 1:00 pm
at the Senior Center
All are welcome

Contact Information Senior Center

Senior Center 22 Imogene Lane Lebanon, CT 06249 Director/Municipal Agent- Darcy Battye Phone: 860-642-3040 Email: seniorcenter@lebanonct.gov

Van Transportation 860-642-2024

Lebanon Senior Center Services





Town of Lebanon
Commission on
Aging

Commission on Aging

Bring awareness and advocacy for our aging population regarding housing, medical services and other community needs

Works in collaboration with Senior Center Director/municipal agent to bring presentations that are relevant and timely

Is working to create a Dementia
Friendly Lebanon – "Part of a
global movement that is changing
the way people think, act and talk
about dementia. The goal is to help
everyone in a community
understand five key messages
about dementia, how it affects
people, and how we each can
make a difference in the lives of
people living with the disease"



"Beautiful young people are accidents of nature, but beautiful old people are works of art" Eleanor Roosevelt

Lebanon Senior Center Services

Transportation is available for Lebanon Seniors and disabled residents 18 years and older.

Transportation to medical appointments and other personal activities such as shopping and activities at the Senior Center

Intergenerational Activities and Events

Exercise, Tai Chi, Entertainment and Trips

Affordable Salon Services and Massages by Appointment

Health Services including Blood Pressure and Vaccine Clinics and Blood Drives

Bi-Weekly Brain Training and Fitness Class

Cards, Bingo, Mahjong, Craft Classes and Many Other Activities

Medical Equipment
Available for Loan

Join Us for Lunch Tuesday at Noon - Reservation Required Call 860-642-3040

Friends of the Lebanon Senior Center

Is a 501 (c)(3) whose purpose is to enhance Senior programs through the purchase of supplies and equipment related to programs, events and classes. They raise money through an annual bazaar in December and a huge tag sale in the spring.

Money raised also supports:

Lebanon Social Services
Lyman High School Award
Summer Dance Fest
Lebanon Food Pantry
Veteran's Luncheon

Follow us on Facebook

@FriendsoftheLebanonSeniorCenter

Email us at:
LebanonSeniors@gmail.com

