



**Zumba By Day**  
**Sponsored by the Lebanon Recreation**  
**Commission**

**IT'S BACK!**  
**ZUMBA FITNESS**  
**A DYNAMIC TOTAL BODY WORKOUT SET**  
**TO HOT LATIN RHYTHMS.**  
**LET THIS BE YOUR HAPPY HOUR!**  
**DITCH THE WORKOUT AND JOIN THE**  
**PARTY!**

**STARTING OUTDOORS**  
**MAY 13, 2021 6:30 AT PARKING LOT NEXT TO**  
**COMMUNITY CENTER**  
**CLASSES OFFERED EVERY THURSDAY \$7.00 DROP**  
**IN OF \$25.00 5 CLASS PUNCH CARD.**

Sponsored by the Lebanon Recreation Commission  
Contact: [Stremblay@lebanonct.gov](mailto:Stremblay@lebanonct.gov) phone 860-6424085

# Lebanon Recreation Zumba Registration Form

*May 13, 2021 New Session Outdoors Alden Tavern Parking Lot Next to Community Center  
Five Class punch card available \$25.00*

Name:		
Street & City:		
Home Phone:	Work Phone:	Cell Phone:
Email:		
Please include your e-mail so we can put you on a distribution list.		
Signature		Date:
Current medication, allergies and conditions:		

Alden Tavern Parking lot. Next to Community Center  
Zumba Fitness Latin rhythms and easy to follow moves. Join Dana  
Belanger **Sponsored by the Lebanon Recreation commission**

## HOW TO REGISTER:

Town Hall Recreation Office walk-in Website: [www.lebanonct.gov](http://www.lebanonct.gov).

Mail to:

Lebanon Recreation Dept.  
579 Exeter Rd  
Lebanon, CT 06249 Phone 642-4085

Email: [Stremblay@lebanonct.gov](mailto:Stremblay@lebanonct.gov).

**5 Classes: \$25.00 with punch card**

**Walk in Fee: \$7.00**

**Time: 6:30 pm to 7:30 pm**

## CHECKS PAYABLE TO **LEBANON RECREATION COMMISSION.**

Amount Paid \$	(Check one) <input type="checkbox"/> Cash <input type="checkbox"/> Check # _____
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