

Zumba By Day Sponsored by the Lebanon Recreation Commission

ZUMBA FITNESS

A DYNAMIC TOTAL BODY WORKOUT SET TO HOT LATIN RHYTHMS.

LET THIS BE YOUR HAPPY HOUR! DITCH THE WORKOUT AND JOIN THE PARTY!

THURSDAY 6:30 @ THE LEBANON FIRE SAFETY HOUSE COMPLEX, GOSHEN HILL RD.

1ST CLASS IS FREE!

CLASSES OFFERED EVERY THURSDAY \$7.00 DROP IN OR \$25.00 5 CLASS PUNCH CARD.

Sponsored by the Lebanon Recreation Commission Contact: Stremblay@lebanonct.gov phone 860-642-4085